



At-Home Learning Considerations for Students Served by Special Education: Strategies for Parents

Special Education Informational Video Series

During this uncertain time, there are several strategies that you as parents/guardians can take to make sure that your child continues to make progress. Remote learning does not mean that you are on your own. In fact, it is more important than ever to partner with your child's school and let teachers know how your child has spent this time and what you've learned about him or her.

Working together, as partners, will help make sure your child has the best chance of success!



Communicate with your School

Set up **regular meeting times** with your child's teacher.

- ▶ You can connect in person, over the phone, through text messages, or through email.
- ▶ This is the time to **discuss your concerns, ask questions, and share your ideas** for how best to support your child.
- ▶ You can also use this time to ask the school if they can provide materials or resources you may need at home to support your child's learning.



Review the IEP

The individualized education program, or IEP, lists the goals your child is working on and the special education services he or she is receiving.

- ▶ Ask **how teachers are working on these goals**.
- ▶ Ask **what you can do at home** to support this learning.
- ▶ If you need a copy of the IEP or help understanding where to find specific information, ask.



Do Simple Activities at Home

There are many activities that you can do at home that will set you child up for success.

- ▶ **Read** together, read anything: books, signs, labels, cooking instructions. Reading helps build vocabulary.
- ▶ **Practice math skills** by counting, adding subtracting, multiplying, dividing, measuring, and grouping items you find.
- ▶ **Explore** your surroundings and encourage your child to ask questions. You don't have to know the answers, but it may be fun to find them out!



Keep Track of Progress

Take notes on what your child can do easily and what is harder to complete.

- ▶ What activities can your child do independently?
- ▶ What activities does your child need help with?
- ▶ How much help does your child need?
- ▶ This is important information that should be **shared with teachers** to help them



Resources:

- ▶ TEA COVID-19 Resources for Parents
- ▶ Special Education Information Center (SPEDTex)

[COVID RESOURCES](#)

[SPEDTex](#)